A Biblical Approach To Treating Dis-ease

Allopathic vs. Naturopathic vs. Integrative Medicine

As more people came to know the truth, that natural methods provide a better way to good health, the medical industry began to realize they must adapt in order to maintain the illusion that their focus was on the good of the patient; and not their bottom line. Unfortunately this maneuver has only served to perpetuate the deception and keep the masses enslaved to the pharmaceutical companies and the surgical mills.

Jesus used parables when speaking to the crowds so that "He that hath ears to hear..." (which actually relates to the condition of the heart) would receive the message, while the others could not. He also used analogies to deliver his message; in terms relevant of the times to which the people could relate – this still holds true for us today. A very good example of this is when Jesus, speaking of serving God and mammon, said in *Matthew 6:24* "No man can serve two masters: for either he will hate the one, and love the other; or else he will hold to the one, and despise the other....".

So it is likewise with the treatment of any dis-ease of the body, mind or soul. The attempt to combine an allopathic and/or humanistic approach to 'treating' the problem with a naturopathic and/or spiritual approach, intended to alleviate the problem, creates a schism (or, disunion) within one's being; as the two methods are diametrically opposed and do not serve to compliment one another. The former attacks the system processes of the body that are causing the symptoms (which are an indication that the body is attempting to make the necessary corrections or, at least, trying to warn of a problem that must be addressed), while the latter aids the body in correcting the underlying condition itself. It is a little known fact that only the systems of the body can actually heal the body. However, they must be given the tools and resources necessary to accomplish that end – which is made more perfect by the power that is within us through Jesus Christ: our Lord and hope of things to come.

These <u>tools</u> and <u>resources</u> – such as taking in good nutrition, avoiding toxins and renewing the mind daily through God's word – serve to benefit the mind, body and soul alike. The body is an incredibly self-righting machine, when given the means to do so, and it is our responsibility to adjust our behavior to assist the body in doing what it does best; that is, to strive for balance (homeostasis).

Through my somewhat limited – though intensely frustrating and often heartbreaking – interactions with the world of Western (allopathic) medicine, I have come to recognize a disturbing trend. It appears that most practitioners in the field of allopathy rely heavily on the newest notions in medicine; rushing to medicate or even operate before a proper diagnosis has been made. More recently I'm finding that many unrelated individuals in various walks of life, with vastly different backgrounds, are suspiciously being treated for identical conditions. Conditions that coincidentally have just been approved by the FDA for treatment with some popular medication on the current market, or in the experimental phase. It's disturbing, to say the least, and I would venture to charge that it borders on criminality.

Below is the faith based method my husband and I have adopted when choosing a facilitator to assist us with health related issues. It is my sincere hope that it might help the reader to avoid the 'pit of doom' that is our current medical system.

When choosing a practitioner of any discipline, we take care to address our concerns about going into agreement with an individual or organization that conflicts with our spiritual beliefs – regarding: how the human body is designed; what causes dis-ease; and how best to assist the body in achieving "true healing".

We would seek first to know that the provider we are considering, as well as their practice, were not in disagreement with the following statements:

- ◆ That man was created by, and in the image of, a holy, righteous, loving and just God.
- ◆ That we are each individually knit together in our mother's womb by the hand of our creator.
- ◆ That, since the fall of one man through original sin, mankind itself has been in a continual state of decline physically, morally and spiritually.
- ◆ That the human body is a vast array of intimately interconnected systems which must be dealt with as a whole.
- ◆ That the human body was designed to maintain homeostasis and that dis-ease only occurs when the body is unable to do so.
- ◆ That in order to correct a condition of dis-ease one must identify and address the underlying cause.
- ◆ That, short of His supernatural intervention, only the body can produce "true healing" and that homeostasis is an essential factor in this process.
- ◆ That the human body must be given the proper environment and nutrition in order to achieve homeostasis, thereby producing a state of healing.
- ◆ That our creator provided everything we need in nature to be healthy, or to heal ourselves when we are not.

Any discipline that works contrary to these statements is in direct conflict with our spiritual beliefs and is considered to be sorcery. Our faith dictates that we are to have no personal association with such practices.

* Although I do not claim to know – or agree with – the heart of the man they call the 'father of modern medicine', I do believe that Hippocrates did get a few things right...

Statements of Hippocratic Philosophy:

- First do no harm.
- All disease begins with the gut.
- Let food be thy medicine and medicine be thy food.
- Create as little interference as possible with the body's own ability to heal.

RELATED SCRIPTURE:

II Corinthians 5: 1-10

- 1 For we know that if our earthly house of this tabernacle were dissolved, we have a building of God, an house not made with hands, eternal in the heavens.
- 2 For in this we groan, earnestly desiring to be clothed upon with our house which is from heaven:
- 3 If so be that being clothed we shall not be found naked.
- 4 For we that are in this tabernacle do groan, being burdened: not for that we would be unclothed, but clothed upon, that mortality might be swallowed up of life.
- 5 Now he that hath wrought us for the selfsame thing is God, who also hath given unto us the earnest of the Spirit.
- 6 Therefore we are always confident, knowing that, whilst we are at home in the body, we are absent from the Lord:
- 7 (For we walk by faith, not by sight:)
- 8 We are confident, I say, and willing rather to be absent from the body, and to be present with the Lord.
- 9 Wherefore we labour, that, whether present or absent, we may be accepted of him.
- 10 For we must all appear before the judgment seat of Christ; that every one may receive the things done in his body, according to that he hath done, whether it be good or bad.

May the spirit of the Lord guide you in your path to healing and good health.

Many blessings, Kathee

Psalm 119:105

Thy word is a lamp unto my feet, and a light unto my path.

Please never forget that you are "...fearfully and wonderfully made:"
Psalm 139:14